



BEAUTY  
&  
*Melody*

— SPA —

THE PICCADILLY  
LONDON WEST END  
*Park Grand Piccadilly*

THALGO  
LA BEAUTE MARINE

# **Beauty and Melody Spa at The Piccadilly London West End Hotel**

Welcome to Beauty and Melody Spa at The Piccadilly London West End Hotel. Our expert team of spa therapists offer the very finest massage, facial, waxing, nail and body treatments in a beautiful, Ocean themed spa environment. Relax in our sauna, steam room and whirlpool or stay in shape in our exclusive fitness centre. Our treatment menu of Thalgo body and facial rituals are renowned for their incredible results. World leader and originator of the marine spa and beauty trend for over 50 years, Thalgo harnesses the riches of the sea so you can benefit from powerful healing, revitalising and rebalancing properties vital for health and well-being. Thalgo's exceptional body treatments refine, relax and tone, while the facials offer spectacular results in anti-ageing, hydrating, purifying and much more.

## CAPSULE RITUALS

*Our capsule rituals are little slices of heaven for any visitor to Beauty and Melody Spa. Perfect on their own or choose more than one ritual for a superlative spa experience.*

### **Thalgo Discovery Facial** 30 mins £50

The perfect express facial if you're on the go, for an instant infusion of marine active ingredients, tailored to your skin type. After this pick-me-up, you will feel refreshed and relaxed and your skin will be glowing.

### **Polynesian Body Scrub** 30 mins £45

A gentle vanilla-scented body scrub blended with pure white sand from Bora Bora, sea salt, coconut shell and algo-monoï for a thorough exfoliation of body to leave the skin feeling smooth and soft.

### **South Pacific Hand & Foot Spa** 30 mins £35

This luxurious treatment begins with an azure water hand and foot bath to protect and hydrate the skin followed by a gentle vanilla-scented scrub for a thorough exfoliation of hands, feet and lower legs and finishing with a hand, foot and lower leg massage using an exotic Thalgo nourishing balm.

### **Lomi-Lomi Neck Back and Shoulder Massage** 30 mins £45

This rhythmic, wonderfully relaxing Lomi-Lomi massage loosens muscles and nourishes the skin. Polynesian Sacred Oil from the sacred island of Raiatea is swept over the skin, its subtle golden pearls leaving a sunkissed glow and a delicate scent of flowers and monoï.

### **Hawaiian Head Massage** 30 mins £45

This reviving ritual is based on ancient traditions of massage and healing that have been practiced on Pacific Islands for hundreds of years. This holistic Massage is a healing treat for mind & body.

## SPA RITUALS - BODY



### **Swedish Massage**

30 minutes £45 - 60 minutes £75 - 90 minutes £95

The perfect massage to relax the entire body, Swedish Massage can also help improve blood circulation, increase the level of oxygen in the blood, help the body remove toxins, improve flexibility, ease tension and help with pain management.

### **Deep Tissue Massage**

30 minutes £45 - 60 minutes £75 - 90 minutes £95

Deep Tissue Massage focuses on reaching the deeper layers of muscles and tissue and is especially beneficial for tense areas. This massage is designed to release deep, painful muscle knots and restore muscle elasticity. It can also help to relieve many day to day problems like bad back, sprains, tension, postural issues, fatigue, lower back tightness and repetitive strain injuries.

### **Thalgo Polynesia Spa Ritual**

1 hour 30 mins £120

Inspired by four of the most beautiful islands hidden in the heart of the Pacific Ocean, this luxurious treatment begins with an azure water foot bath to protect and hydrate the skin. Next is the Exotic Island Full Body Scrub, a gentle vanilla-scented body scrub blended with pure white sand from Bora Bora, sea salt, coconut shell and algo-monoï for a thorough exfoliation of body. Mahana Massage incorporates a rhythmic Lomi-Lomi massage and warm sand pouches to loosen muscles and nourish the skin. Finally, Polynesian Sacred Oil is swept over the skin, leaving a sunkissed glow and a delicate scent of flowers and monoï.

### **Thalgo Indocéane Spa Ritual**

1 hour 30 mins £120

This most sensual of treatments commences with soothing Egyptian Precious Milk bath foot ritual to relax and calm your senses, followed by a skin softening Mediterranean influenced body exfoliation that prepares your skin for the Ayurvedic-inspired massage that uses warmed oils and an ancient Indian technique. The final step is a Silky Smooth body wrap which harnesses the serenity and relaxing powers of the Orient. After 90 minutes of hands-on therapy, you and your skin will feel intensely reinvigorated.

### **Thalgo Sea & Senses Hot Stone Body Treatment (including exfoliation)**

1 hour 15 mins £95

For deep relaxation, try the Thalgo Sea & Senses body treatment with marine hot stones. After a full body exfoliation, warm volcanic basalt stones are applied to specific points on the body to relax and eliminate toxins, while cool marine stones are applied to re-mineralise the body. During this ultra-sensorial experience incorporating a unique massage technique using the marine hot stones, tension quickly gives way to deep relaxation.

## SPA RITUALS - FACE



### **Illuminating Radiance Facial**

30 mins £75

Reveal your skin's beauty and radiance in just 30 minutes! Including a relaxing welcome massage, cleanse and exfoliation and Thalgo absolute radiance masque and concentrate. This treatment awakens tired complexions, leaving the skin fresh and glowing with radiance.

### **Thalgo 3 Algae Facial**

1 hour £90

Experience true marine beauty with this signature algae facial, suitable for all skin types. Skin is gently cleansed and exfoliated and treated with a mask of pure natural seaweed, known for its beauty-enhancing properties, to remineralise and revitalise the skin. This wonderfully relaxing ritual will leave your complexion soft, radiant and beautiful.

## **Heart of The Ocean Facial**

Source Marine Ritual – Normal/dehydrated

Cold Cream Marine Ritual – Sensitive & dry/very dry

Pure Balance Ritual – Oily/combination

1 hour £90

This personalised to your skin type Thalgo signature facial ritual begins with a relaxing welcome massage after which the skin is gently cleansed and exfoliated. A serum packed with active marine ingredients is applied with Thalgo's Heart of the Ocean massage, recreating the rhythmic motions of the sea, followed by a skin-specific mask to help correct any skin concerns leaving the complexion restored to its natural beauty.

## **Hyaluronic Smooth and Fill Facial**

1 hour £95

Correct the signs of ageing as they appear, with this smoothing and filling facial. A deep cleansing ritual adapted to your skin type is carried out, followed by intense exfoliation to smooth the skin and allow optimum penetration of the active ingredients including Hyaluronic Acid. Next, an expert anti-ageing massage lifts the features while a Hyaluronic Mask is applied to smooth the skin, leaving your complexion glowing. After the treatment you will notice your lines are less pronounced and skin is younger looking.

## **Thalgo Exceptional Ultimate Time Solution Ritual**

1 hour 30 mins £130

This manual facelift using Thalgo's revolutionary massage technique, EnergiLift, targets and tightens individual facial muscles and visibly lifts the entire face, providing the ultimate anti-ageing facial to combat all signs of ageing and hormonal deficiencies. Following a deep cleanse and scrub to prepare the skin, the Ultimate Energilift Massage encourages absolute relaxation and maximum toning, helping to stretch and 'work out' the facial muscles around the eyes, lips, face and décolleté to revive their original tone. The massage is combined with the Ultimate Time Solution Serum, Massage Cream and Mask, infusing the skin with Marine Bio-Cellulose and powerful anti-ageing ingredients. Skin is left visibly smoother, brighter, lifted and nourished.



## HANDS & FEET

*Treat yourself to a luxurious manicure or pedicure at Beauty and Melody – you'll walk away feeling pampered, relaxed and looking your very best. Choose from our wide range of OPI shades and sit back and let us get your pinkies looking perfect!*

**Thalgo Spa Manicure** 45 minutes £35

This wonderfully relaxing treatment features an exotic Thalgo nourishing balm to repair, protect and restore comfort to hands and leave them looking their best. Includes shape and buff, cuticle work, hand and arm massage, nourishing balm and polish.





**Thalgo Spa Pedicure** 60 minutes £45

This pedicure ritual includes an azure water foot bath, a gentle vanilla-scented scrub blended with pure white sand from Bora Bora, sea salt, coconut shell and algo-monoï for a thorough exfoliation of feet and lower legs. A Thalgo nourishing balm repairs, protects and restores comfort to feet leave them looking their best. Includes shape and buff, cuticle work, scrub, foot and lower leg massage, nourishing balm and polish.

**Shape & Polish - Fingers or Toes** 15 minutes £20

**OPI Gel Shape & Polish - Fingers or Toes** 30 minutes £30

**OPI Gel Nail Polish Removal** 15 minutes £10

**OPI Gel Long Lasting Spa Manicure** 60 minutes £45

Our Thalgo Spa Manicure with the addition of super tough and long lasting OPI gel nail colour. Choose from our wide range of fashion forward shades for up three weeks of flawless colour.

**OPI Gel Long Lasting Spa Pedicure** 75 minutes £55

Our Thalgo Spa Pedicure with the addition of super tough and long lasting OPI gel nail colour.

**Men's Manicure** 30 minutes £30

A therapeutic manicure to tidy, nourish and condition hands, nails and cuticles.

Includes shape and buff, cuticle work, hand and arm massage.

**Men's Pedicure** 45 minutes £40

A powerful pedicure to smooth, soften and tidy the feet, a rare treat for any man. Includes shape and buff, cuticle work, foot and lower leg massage.

# WAXING

Lycon Wax, the only wax worth taking your clothes off for! We use premium Coconut Lycon wax range which provides effective hair removal, smells delicious and is less painful than some of the cheaper waxes on the market. Hot or strip wax.

## Ladies

Lip	£12	G-String	£35
Eyebrow	£15	Brazilian	£40
Chin	£12	Hollywood	£45
Cheeks	£15	Half Leg lower	£25
Full face	£40	Half Leg top	£28
Under arm	£17	3/4 Leg	£31
Bikini	£25	Full Leg	£35

## Men

Underarms	£19	Nose or Nose	£10
Chest	£30	Stomach	£30
Chest & Stomach	£50	Shoulders	£25
Back	£35	Back & Shoulders	£50
Full Arms	£35	Full Legs	£50



## AESTHETIC CLINIC

Our team of dedicated Aesthetic Doctors each have many years experience providing the very highest quality anti-ageing aesthetic treatments such as Botox, Dermal Fillers and Mesotherapy. We recommend an in depth consultation prior to treatment to ascertain your requirements and design a treatment plan. Prices subject to consultation. Speak to the spa reception team to arrange an appointment.

# MAKE-UP, BROWS & LASHES

## Make-Up

If you simply must look perfect for a special event, an evening at the theatre or even your wedding day, having your make-up applied by one of our expert team will ensure that you look flawless. We use and recommend the premium Delilah make-up range.

Make-Up 45-60 minutes £55

## Lash Extensions

For increased eye definition, a semi-permanent eyelash extension treatment is the perfect solution. These high quality, individual mink lashes, give you longer and thicker while still natural-looking lashes. If you treat them carefully and have them professionally maintained, the lashes can last up to six weeks.

Full set (up to 110 individual lashes on both eyes) – £90

Glam set (up to 150 individual lashes on both eyes) – £115

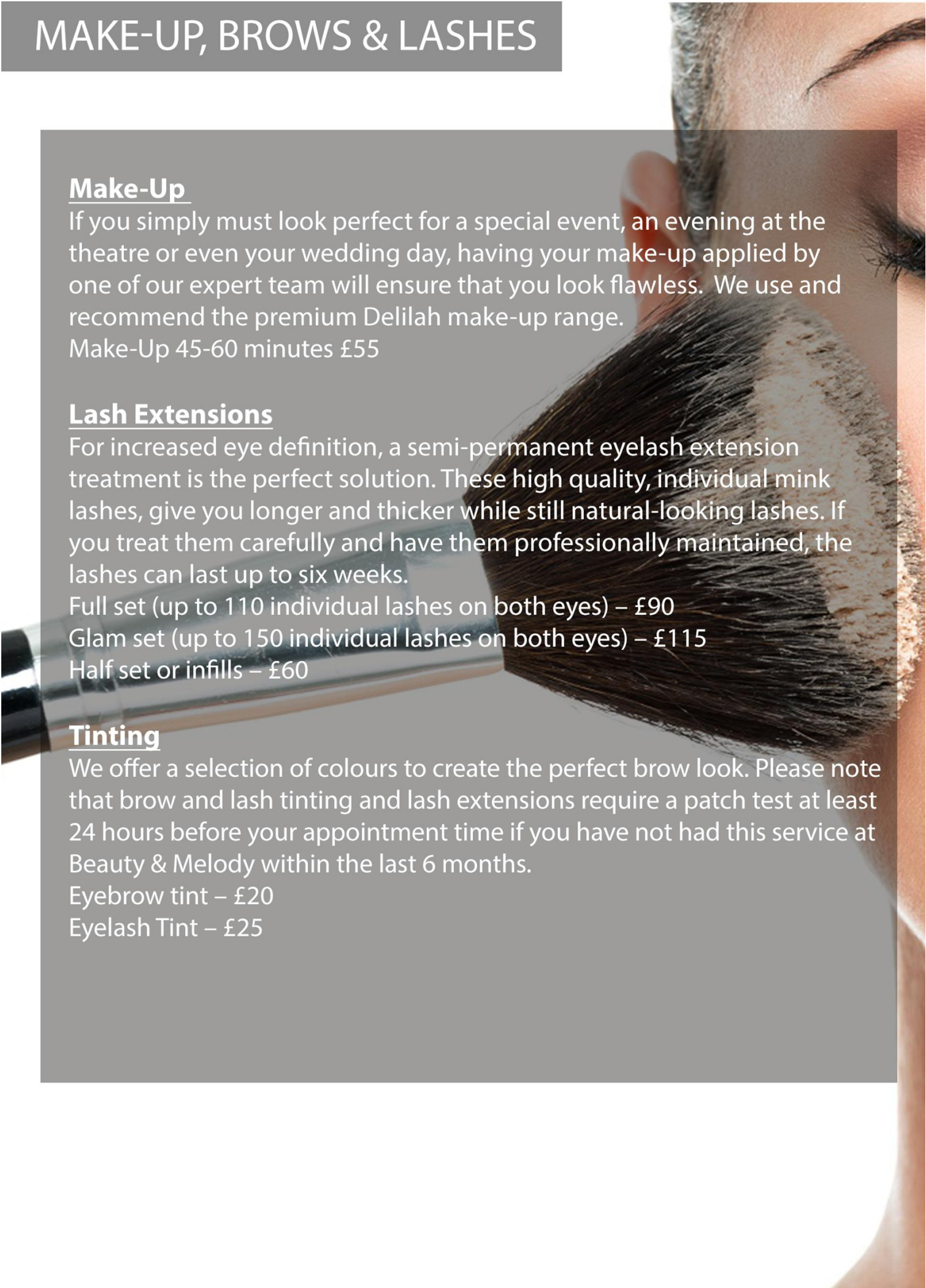
Half set or infills – £60

## Tinting

We offer a selection of colours to create the perfect brow look. Please note that brow and lash tinting and lash extensions require a patch test at least 24 hours before your appointment time if you have not had this service at Beauty & Melody within the last 6 months.

Eyebrow tint – £20

Eyelash Tint – £25





# HOTEL ROOM SERVICES

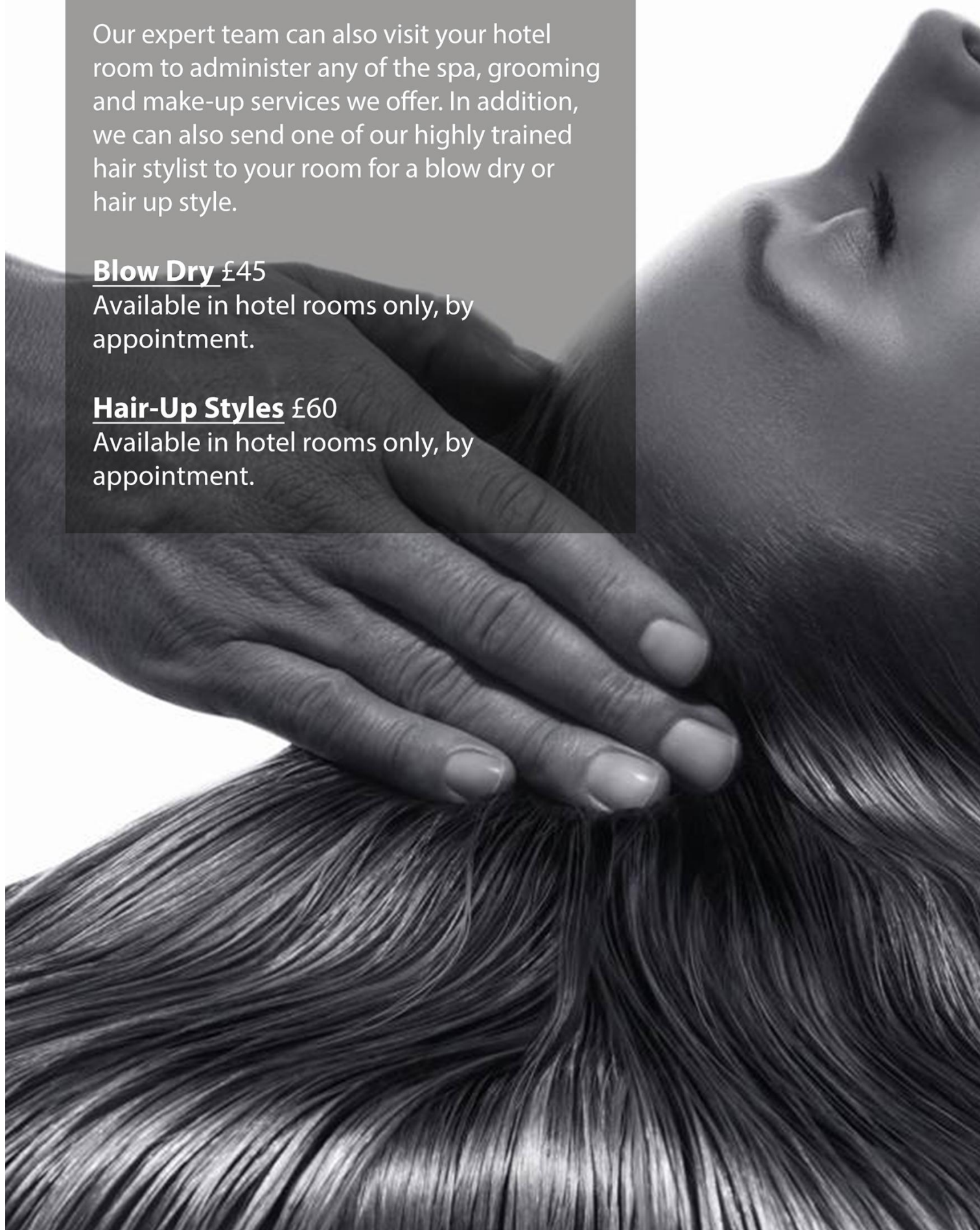
Our expert team can also visit your hotel room to administer any of the spa, grooming and make-up services we offer. In addition, we can also send one of our highly trained hair stylist to your room for a blow dry or hair up style.

## **Blow Dry** £45

Available in hotel rooms only, by appointment.

## **Hair-Up Styles** £60

Available in hotel rooms only, by appointment.





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**THE PICCADILLY LONDON WEST END HOTEL**

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